

OV Pre-K-12 MENU

OCTOBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
9/27 Buffalo Wing Wrap Celery Sticks w/Dip Rice, Corn Fruit Milk	9/28 Cheese Pizza Spinach Salad Green Beans Fresh Fruit Milk	9/29 Hot Dog or Chili Dog on Bun Tater Tots Baked Beans Fruit Milk	9/30 Sloppy Joe on Bun Rice & Corn OR Ravioli, Corn Roll Fruit & Milk	10/1 Nachos w/Cheese Buffalo Wing Chicken Refried Beans Green beans Salsa Fruit & Milk
04 Penne Pasta w/Meatballs & Marinara Sauce Green Salad Roll Cottage Cheese Fruit & Milk	05 Hard or Soft Shell Taco w/Cheese, Salsa, Seasoned Meat, Lettuce, Tomato Corn & Sour Cream Fruit & Milk	06 Chicken Patty On bun Mashed Potato w/gravy Corn & Roll Fruit Milk	07 Tomato or Vegetable Beef Soup Grilled Cheese or PBJ Sandwich Crackers Fruit Milk	08 Superintendent Conference Day Staff & Faculty Only
11 NO SCHOOL Columbus Day 	12 Viking Burger w/Cheese Lettuce, Tomato, Onion, Pickles French Fries Fruit Milk	13 Ham or Turkey Sub w/Cheese, Lettuce, Tomato & Onion Carrots & Celery Chips Fruit & Milk	14 Chicken Fajita Wrap w/Rice & Corn or Turkey Sandwich Fruit & Milk	15 Cheese Pizza Romaine Salad Green Beans Fresh Fruit Milk
18 Spaghetti w/Meat Sauce Romaine Salad Cottage Cheese Roll Fruit & Milk	19 Chicken Wing Wrap Or Beef Ravioli Corn & Roll Fruit & Milk	20 Brunch for Lunch Sausage, Egg, Cheese on Bun French Fries Juice Fruit & Milk	21 Hot Meatball or Tuna Sub Carrot & Celery Sticks w/dip Fruit Milk	22 Nachos, Buffalo Wing Chicken w/Cheese Sauce Green Beans Fruit & Milk
25 Hot Dog or Chili Dog on bun Tater Tots Baked Beans Fruit Milk	26 Chicken Tenders Mashed Potato w/Gravy Corn Roll Fruit & Milk	27 Fish or BBQ Ribs on bun Cheese Noodles Green Beans Fresh Fruit Milk	28 Chicken Taco w/Lettuce, Tomato, Cheese, Onion & Salsa Fruit Milk	29 Cheese Pizza Tomato Salad Green Beans Fresh Fruit Milk
Sunday 10/31 	 Menu Subject To change		 PB&J Sandwich Offered Daily	